



**Phonak Audéo Fit™**

**Unleash the  
wonder within**

A Sonova brand

**PHONAK**  
life is on

## Welcome to the exciting world of Audéo Fit.

Thank you for taking the time to discover how the latest Phonak innovation can improve your hearing while supporting your overall health and well-being.

We all live busy lives full of unique experiences we don't want to miss. Being able to hear well allows us to better communicate with those around us, immerse ourselves in every experience, and live each day to the fullest.

Audéo Fit delivers an unrivaled\* hearing experience. You gain access not only to the sounds of life around us, but to the flow of life within us, too. Whether it's the beat of your racing heart or the rhythm of your continuous footsteps, the wonders within your body are just as beautiful as the wonders outside it.

Combined with myPhonak app, Audéo Fit contains a heart rate sensor and can track your health including heart rate, steps, and activity levels. Tracking health data promotes healthy habits to further create a greater sense of well-being.<sup>1,2</sup>

Read on to explore Audéo Fit and see how, with its signature unrivaled\* sound quality<sup>4</sup> and the universal connectivity of Paradise, it can help to unleash the wonder within you.



Available June 2022



Sand Beige



Chestnut



Silver Gray

## Audéo Fit unleashes the ear's amazing potential



With a built-in heart rate sensor, Audéo Fit in combination with myPhonak app, enables you to engage with your health.

For those looking to get even more out of life, we created Audéo Fit. When combined with myPhonak app, this powerful hearing aid supports health data tracking to unleash even more of the wonder within you.

Track steps and activity levels throughout the day to follow your fitness and well-being. Gaining insights into your overall health and wellbeing empowers you to make better daily lifestyle choices and unleash a healthier version of yourself.<sup>1,2</sup>

Of course, we haven't neglected the hearing support and great sound quality you expect from our products, helping you to make the most of your everyday interactions.

\*Compared to Phonak Audéo Marvel.

1. Buył, R., Beogo, I., Fobelets, M., Deletoz, C., van Landuyt, P., Dequanter, S., Gorus, E., Bourbonnais, A., Bourbonnais, A., Giguère, A., Giguère, A., Giguère, A., Lechasseur, K., Gagnon, M. P., Gagnon, M. P., Et Gagnon, M. P. (2020). E-Health interventions for healthy aging: A systematic review. *Systematic Reviews*, 9(1), 1–16. <https://doi.org/10.1186/s13643-020-01385-8>  
2. Marcolino, M. S., Oliveira, J. A. Q., D'Agostino, M., Ribeiro, A. L., Alkmim, M. B. M., Et Novillo-Ortiz, D. (2018). The impact of mHealth interventions: Systematic review of systematic reviews. *JMIR MHealth and UHealth*, 6(1). <https://doi.org/10.2196/mhealth.8873>

Audéo Fit is powered by Paradise, offering crisp natural sound<sup>3</sup> that delivers an unrivaled<sup>4</sup> hearing experience. Dynamic Noise Cancellation and Speech Enhancer means you can enjoy reduced listening effort in noise and in quiet, respectively.<sup>4</sup>

With universal Bluetooth® connectivity, you can experience all of this while enjoying your favourite TV shows, streaming podcasts, taking calls, or relaxing with music at home or on the go.

## Well-Hearing is Well-Being™

We believe in changing lives and creating a world where life is on for everyone. That's why we designed Audéo Fit with a holistic approach to hearing health and overall well-being in mind.

Hearing well fosters easier engagement and stronger connections, while enabling you to live a more active and healthy lifestyle.

## Audéo Fit supports healthy habits through convenient health data tracking.\*

Connect your Audéo Fit to the myPhonak app and enhance your hearing journey and encourage healthier lifestyle choices. Powered by Paradise, Audéo Fit allows you to enjoy universal connectivity and crisp natural sound<sup>3</sup> to maximise your life experiences.

## Health data tracking\*

As well as delivering unrivaled<sup>4</sup> sound quality,<sup>4</sup> Audéo Fit provides the added benefit of convenient health data tracking on the go.

Combined with myPhonak app, you can engage with your health whenever and wherever you need, and set goals to improve your fitness, delivering health empowerment at your fingertips.

Audéo Fit and the myPhonak app give you access to:

- Heart rate
- Steps
- Activity levels
- Distance walked or ran
- Optional goal setting

Instead of wearing a separate device, Audéo Fit allows you to track your heart rate, steps, and activity levels with your hearing aids in combination with the myPhonak app.

When you're ready to view your data, simply open the myPhonak app on your smartphone or tablet, where you can see everything in an easy-to-understand format.

Setting up your myPhonak account is quick and easy, with guided tutorials along the way to show you how to get the most out of the app.

Final levels of speech understanding are influenced by several factors, including:

- The level of residual peripheral and central auditory function.
  - The correct use of an appropriate level of hearing instrument technology. Four technology levels are available: 90, 70, 50 & 30. Your hearing care professional will discuss the most appropriate level of technology to meet your hearing needs.
  - The use of hearing instruments accurately fitted by your hearing aid professional.
3. Taphuntsang, D. (2020). Market research ID 4387. Please contact [marketinsight@phonak.com](mailto:marketinsight@phonak.com) if you are interested in further information.
4. Appleton, J. (2020) AutoSense OS 4.0 - significantly less listening effort and preferred for speech intelligibility. Phonak Field Study News retrieved from [www.phonakpro.com/evidence](http://www.phonakpro.com/evidence), accessed November 2020.

## Audéo Fit delivers hearing experience for a greater sense of well-being

Alongside its health data tracking\* functions, Audéo Fit offers the unrivaled\*\* sound quality<sup>4</sup> and universal connectivity of our Paradise range. This allows you to hear more and enjoy more on a daily basis.

### Highlights:

- Brilliant speech understanding<sup>4,5,6</sup>
- Crisp natural sound<sup>3</sup>
- Empowering smart apps
- Connect to smartphones, TV, Roger™ microphones and more
- Tap Control for easy access to Bluetooth® functionalities

### Enrich your life with a whole spectrum of sound

Audéo Fit features Dynamic Noise Cancellation to reduce listening effort in noise and Speech Enhancer to reduce listening effort in quiet.<sup>4</sup>

Also, Audéo Fit offers Motion Sensor Hearing for listening situations on-the-go. On top of this, Audéo Fit can distinguish between streamed speech and music, so you can enjoy excellent sound quality<sup>7</sup> for more joy of listening. Whether you're enjoying audio streamed directly to your hearing aids or spending time with loved ones, you can fully immerse yourself in every experience.

## No more batteries

Never worry about hearing aid batteries again with the convenient rechargeable capabilities of Audéo Fit.

The Phonak Charger Case Combi is a charger and protective hard case in one.

For charging rechargeable hearing aids on the go, the Phonak Power Pack can be easily attached to the bottom of the Phonak Charger Case Combi.



\* In order to access health data, it is necessary to create an account within myPhonak app.

\*\* Compared to Phonak Audéo Marvel.

3. Taphuntsang, D. (2020). Market research ID 4387. Please contact [marketinsight@phonak.com](mailto:marketinsight@phonak.com) if you are interested in further information.

4. Appleton, J. (2020) AutoSense OS 4.0 - significantly less listening effort and preferred for speech intelligibility. Phonak Field Study News retrieved from [www.phonakpro.com/evidence](http://www.phonakpro.com/evidence), accessed November 2020.

5. Appleton, J., & Voss S.C., (2020) Motion-based beamformer steering leads to better speech understanding and overall listening experience. Phonak Field Study News. retrieved from [www.phonakpro.com/evidence](http://www.phonakpro.com/evidence), accessed August 2020.

6. Wright, A. (2020). Adaptive Phonak Digital 2.0: Next-level fitting formula with adaptive compression for reduced listening effort. Phonak Field Study News, retrieved from [www.phonakpro.com/evidence](http://www.phonakpro.com/evidence), accessed August 19th 2020.

7. Legarth, S., Latzel, M., & Rodrigues, T. (2018). Media streaming: The sound quality wearers prefer. Phonak Field Study News, retrieved from [www.phonakpro.com/evidence](http://www.phonakpro.com/evidence), accessed August 19th, 2020.

## Connect to everything you enjoy

It's important to stay connected and feel part of what's going on day to day.

Keeping up with the activities we are passionate about and people we love is all part of enjoying life.

That's why the Audéo Fit hearing experience includes universal connectivity, making it easier for you to connect with the things you enjoy the most.

### Universal connectivity allows you to:

- Connect to smartphones, TV, Roger microphones and more
- Use Tap Control for easy access to Bluetooth functionalities
- Support multiple Bluetooth connections
- Easily switch between two paired devices with enhanced Bluetooth capabilities

### Audéo Fit with Roger for listening in noise and over distance

Roger is designed to improve hearing in situations with background noise or with distance to the speaker.

The microphones function by picking up the voice of the speaker and wirelessly transmitting it directly to your hearing aids.

This enables you to fully participate in group conversations even in very noisy environments such as restaurants, meetings at work and school activities.



Connectivity is key to our tech-driven lifestyles, so you can make the most of your hearing empowerment by switching between two Bluetooth enabled devices in a flash.

Never worry about missing a call while enjoying media streamed from your TV or tablet. By delivering audio directly to your hearing aid, Audéo Fit makes listening to your favourite music and watching the latest movies an enjoyable, carefree experience.

Audéo Fit is designed to improve more than your hearing, so you can embrace the important things in life.



Scan the QR code to download the app and find out more about how myPhonak supports your hearing journey.



## Your personalised hearing experience

Get more out of your hearing aids with the myPhonak app.

The new release of the app features improved functionality and a new design, making it even easier to tailor your hearing experience to your individual needs.

### myPhonak app offers:

- Improved navigation for a more intuitive experience
- Custom programs to enhance your hearing in different environments
- Detailed insights into your physical activity and wearing time
- Virtual support from your hearing care provider wherever you are
- One central account to keep all your information safe and secure

Enjoy the benefits of increased well-hearing and support your overall well-being with Audéo Fit and myPhonak.

# Unleash the wonder within

# life is on

At Phonak, we believe that well-hearing equates to well-being and is essential to living life to the fullest. For more than 70 years, we have remained passionate about creating a world where 'life is on' for everyone. Our innovative hearing solutions are designed for people of all ages and all degrees of hearing loss, to connect socially, thrive mentally and improve their well-being.

[www.phonak.co.nz](http://www.phonak.co.nz)

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